

Hello Rise member,

good to see you again.

The world we work in is a bit different now, and we want to make your return to Rise as easy and safe as possible.

That's why it's important you and your team follow the simple advice and working practices in this document.

Remember – we're here to support you. If there's anything on your mind, our Rise Operations team is happy to help.

Throughout our offices, you'll see plenty of social distancing measures implemented.



Reduced capacity at tables and floor markings reminding you to keep your distance



Meeting rooms

Reduced capacity in enclosed spaces





Signage reminding you of social distancing and hygiene measures, plus floor markings reminding you to keep your distance





Offices

'Not in use' stickers on certain desks to maintain social distancing between work stations

Recognizing COVID-19 symptoms

Know the symptoms of COVID-19, which can include the following:















Cough

Fever

Chills

Muscle pain

Shortness of breath or difficulty breathing*

Sore throat

New loss of taste or smell

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

- *Seek medical care immediately if someone has emergency warning signs of COVID-19.
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

If you are experiencing any of the above symptoms, please do not come into Rise.

If you experience any of the above symptoms while onsite, please leave immediately and let our team know by calling:

07810 555 701



Reduced office capacity

We'll be contacting each of you with your new office set up if your work stations have been changed.

Please contact your Rise General Manager if there have been any changes to your headcount needs.



Offices

We're currently operating a clear desk policy, so please keep items to a minimum in order for the desks to be cleaned as thoroughly as possible. And don't share office equipment.



Equipment

Please ensure your personal equipment is kept clean and is not used by others.



Bathrooms

All Rise cleaners have been trained according to NHS guidelines. All restrooms will be cleaned frequently for your safety.

Please wash your hands before and after use, ensure that you follow all signage and continue to maintain social distancing.

The showers are closed.



Kitchens

In the kitchens, you'll find disposable utensils, cups and plates. All are recyclable and eco-friendly.

Please don't forget to dispose of these items after you've finished with them.

Use the gloves provided before touching kitchen appliances



Meeting rooms

Meeting rooms have reduced capacity in order to adhere to social distancing guidelines.

We have placements available for your use along with sanitisation stations in each room.

Clean your hands before and after using a meeting room, and if you've used a conference phone or other shared equipment, wipe that down too.



Communal spaces

Keeping our distance from each other. We know it's a little unnatural, but it's so important at this time. Please keep six feet apart. We've placed markings on the floor to help.

Think about other residents and your surroundings when using communal areas like breakout spaces, bathrooms and kitchens. Avoid touching surfaces and ensure spaces are kept clean.

Use the gloves provided before touching printers and office equipment.

Before you start a task, it's okay to stop and think how can I tackle this and ensure everyone's safety?





Lifts

As distancing will be very difficult in lifts, we've had to limit these to one person at a time, so if possible step up and consider using the stairs instead.



Air conditioning

You can breathe easy, knowing our HVAC air-conditioning systems mean all air throughout our offices is filtered.



Hand washing

You can sing Happy Birthday if you want. Or the chorus to Outkast's So Fresh, So Clean.

However you do it, do it for 20 seconds.

Wash your hands regularly in bathrooms and kitchens. There are hand sanitisation stations throughout the site.

When using shared equipment like printers and coffee machines, please use the gloves provided near that equipment.



Post

All post will be sanitised and wiped with disinfectant before being available for collection.



Emergency evacuations

Follow the building's standard emergency procedure. That might mean not following the direction of the stickers on the floor.



Events

All of our Rise events are digital. Check out the latest events on our website and in our newsletter.

Feel free to get in touch with one of our community managers if you'd like to collaborate on a virtual event.



Visitors

You must pre-register all visitors using the Envoy check-in system.